



ST. ALBERT COMMUNITY
FOUNDATION
for generations to come

An evening of dialogue and
reflection on the topic of
Youth Mental Health with

SHELDON KENNEDY



Mr. Kennedy has become a leader in mental health awareness. His experiences have been chronicled in the autobiographical account “*Why I Didn’t Say Anything*” and in the powerful documentary film “*Swift Current*”. For his efforts in bringing important societal issues to the fore, Sheldon Kennedy was awarded the Order of Canada.

Wednesday, March 22, 7:30 p.m. – 9:30 p.m. | The Arden Theatre
5 St. Anne Street, St. Albert

Who should attend:

- Youth
- Parents
- Youth serving community organizations and associations
- Practitioners
- All those interested in youth mental health

Why:

Public awareness is key to improving the lives of those affected and their families. Mental Health resources and information will be on display.

Tickets:

\$25.00 - available at the Arden Theatre Box Office or online at [Ticketmaster.ca](https://www.ticketmaster.ca).

All proceeds will contribute to an endowment with the St. Albert Community Foundation for Youth Mental Health.